



A number of factors affect the selection of a skating boot.

These are:

Size The boot must suit the size of the foot and be matched to the plate.
Weight down through the ankle should be just in front of the rear axle
Weight through the ball of the foot should be just behind the front axle.

Width Some boots are available in wider sizes for better fitting.

Stiffness Affects support and ability to bend.
Figures generally stiffest, Freeskate slightly less and dance least stiff.
All require good level of support.

Padding Different models of boots will have different levels of padding which can affect comfort.

Cut The back of the skate can be cut to allow more bend of ankle.
This is normally for dance and free skating boots rather than figures.

Manufacturers will have a scale chart which relates boot size to international shoe sizes.

FOOT COMPARISON SIZING CHART / TABELLA DI CONVERSIONE TAGLIE PIEDE

Mondopoint sizes	170	17,5	180	18,5	190	19,5	200	20,5	210	21,5	220	22,5	230	23,5	240	24,5	250	25,5	260	26,5	270	27,5	280	28,5	290	29,5	300	30,5
French-EU sizes	24	25	26	27	28	29	30	31	31,5	32	33	34	34,5	35	36	37	37,5	38	39	40	40,5	41	42	42,5	43	44	45	46
USA MAN							13	13,5	1	1,5	2	2,5	3	3,5	4-4,5	5	5,5	6	6,5-7	7,5	8	8,5	9	9,5	10	10,5-11	11,5	12,5
USA LADY	8	9	10	11	12	13	13,5	1	1,5	2	2,5	3	3,5	4	4,5-5	5,5	6	6,5	7-7,5	8	8,5	9	9,5	10	10,5	11-11,5	12	13
UK	7	8	8,5	9,5	10	11	12	12,5	13	13,5	1	1,5	2	2,5	3-3,5	4	4,5	5	5,5	6,5	7	7,5	8	8,5	9	9,5-10	10,5	11,5